



CNA / PCT Skills Check List

Name: _____ Date: _____

Please state **in years**, work and management experience attained within each job functions listed.

Skill / Competency Category	Experience			Skill / Competency Category	Experience	
	Work	Mgt.			Work	Mgt.
Assessing Pulse:				Measuring Blood Pressure		
Apical				Measuring Height		
Radial				Measuring Intake and Output		
Administering an Enema				Medication Administration		
Applying Ted Hose				Buccal		
Assessing Temperature:				Oral		
Axillary				Rectal		
Oral				Topical		
Rectal				Vaginal		
Tympanic				Moving the Patient		
Assessing Respirations				Mouth Care		
Assisting with Ambulation				Perineal Care		
Assist with Dressing				Phlebotomy		
Bathing a Patient				Placing Restraints		
Bed Bath				Positioning the Patient		
Colostomy Care				Postmortem Care		
Denture Care				Range of Motion		
EKG				Sterile Technique		
Eye Care				Transferring the Client		
Feeding the Client				Universal Precautions		
Hair Care				Using a Mechanical Lift		
Hearing Aid Care				Weighing the Client		
Helping the Client Eat				Chair		
Incentive Spirometer				Bed		
Isolation Techniques				Sliding Scale		
Making an Unoccupied Bed						
Makine an Occupied Bed						
Massaging						